



# Diben DRINK

## Optimised glycaemic control

1,5 kcal/mL, high protein oral nutritional supplement for the dietary management in case or at risk of malnutrition, in particular with impaired glucose metabolism such as impaired glucose tolerance, stress-induced hyperglycaemia, diabetes mellitus



Energy-dense (1,5 kcal/mL)

Modified carbohydrate profile with low glycaemic index for improved glycaemic control<sup>1</sup>

Contains mixed fibre blend (2,0 g/100 mL)

Balanced fat profile: high in mono-unsaturated fatty acids (MUFA), contributes to improved glycaemic control and insulin sensitivity<sup>2</sup>

Low in sodium and cholesterol

# Diben DRINK

Available in Forest Berries flavour in 200 mL EasyBottle

- Halal and Kosher
- Clinically lactose and gluten free



## Nutritional Information

| Nutrition values                                                  |              | Sip feed<br>/100 mL | Sip feed<br>/200 mL |
|-------------------------------------------------------------------|--------------|---------------------|---------------------|
| Energy                                                            | kJ<br>(kcal) | 630<br>(150)        | 1 260<br>(300)      |
| Fat                                                               | g            | 7,0                 | 14,0                |
| of which saturates                                                | g            | 1,7                 | 3,4                 |
| of which MCT*                                                     | g            | 1,2                 | 2,4                 |
| of which mono-unsaturates                                         | g            | 3,8                 | 7,6                 |
| of which polyunsaturates                                          | g            | 1,5                 | 3,0                 |
| of which EPA** + DHA***                                           | g            | 0,054               | 0,108               |
| of which cholesterol                                              | g            | ≤ 6                 | ≤ 12                |
| Carbohydrate                                                      | g            | 13,1                | 26,2                |
| of which starch                                                   | g            | 5,3                 | 10,6                |
| of which sugars                                                   | g            | 2,5                 | 5,0                 |
| of which fructose                                                 | g            | 1,9                 | 3,8                 |
| of which lactose                                                  | g            | ≤ 0,5               | ≤ 1,0               |
| Fibre                                                             | g            | 2,0                 | 4,0                 |
| Protein                                                           | g            | 7,5                 | 15,0                |
| Salt                                                              | g            | 0,18                | 0,36                |
| Vitamins                                                          |              |                     |                     |
| Vitamin A                                                         | µg RE°       | 170                 | 340                 |
| of which β-Carotene                                               | µg RE°       | 50                  | 100                 |
| Vitamin D <sub>3</sub>                                            | µg           | 2,0                 | 4,0                 |
| Vitamin E                                                         | mg α-TE°°    | 3,0                 | 6,0                 |
| Vitamin K <sub>1</sub>                                            | µg           | 16,7                | 33,4                |
| Vitamin C                                                         | mg           | 15                  | 30                  |
| Thiamin                                                           | mg           | 0,23                | 0,46                |
| Riboflavin                                                        | mg           | 0,32                | 0,64                |
| Niacin                                                            | mg/mg NE°°°  | 1,50/2,76           | 3,0/5,52            |
| Vitamin B <sub>6</sub>                                            | mg           | 0,33                | 0,66                |
| Folic acid                                                        | µg           | 50                  | 100                 |
| Vitamin B <sub>12</sub>                                           | µg           | 0,6                 | 1,2                 |
| Biotin                                                            | µg           | 7,5                 | 15,0                |
| Pantothenic acid                                                  | mg           | 1,2                 | 2,4                 |
| Minerals, trace elements and other* nutrients                     |              |                     |                     |
| Sodium                                                            | mg (mmol)    | 70 (3,1)            | 140 (6,2)           |
| Potassium                                                         | mg (mmol)    | 130 (3,3)           | 260 (6,6)           |
| Chloride                                                          | mg (mmol)    | 55 (1,6)            | 110 (3,2)           |
| Calcium                                                           | mg (mmol)    | 150 (3,7)           | 300 (7,4)           |
| Phosphorus                                                        | mg (mmol)    | 95 (3,1)            | 190 (6,2)           |
| Magnesium                                                         | mg (mmol)    | 15 (0,6)            | 30 (1,2)            |
| Iron                                                              | mg           | 2,0                 | 4,0                 |
| Zinc                                                              | mg           | 1,5                 | 3,0                 |
| Copper                                                            | µg           | 300                 | 600                 |
| Manganese                                                         | mg           | 0,4                 | 0,8                 |
| Fluoride                                                          | mg           | 0,2                 | 0,4                 |
| Selenium                                                          | µg           | 10                  | 20                  |
| Chromium                                                          | µg           | 10                  | 20                  |
| Molybdenum                                                        | µg           | 15                  | 30                  |
| Iodine                                                            | µg           | 30                  | 60                  |
| Choline#                                                          | mg           | 26,7                | 53,4                |
| Osmolarity                                                        | mOsmol/L     | 360                 | 360                 |
| Water                                                             | mL           | 79                  | 158                 |
| Caloric distribution (kJ %)                                       |              |                     |                     |
| Fat 42 %, Carbohydrate 35 %, Fibre 3 %, Protein 20 %.             |              |                     |                     |
| *medium chain triglycerides (MCT), **eicosapentaenoic acid (EPA), |              |                     |                     |
| ***docosahexaenoic acid (DHA), ° retinol equivalents (RE),        |              |                     |                     |
| °°alpha-tocopherol equivalents (α-TE), °°°niacin equivalents (NE) |              |                     |                     |

## General Information

### Food for special medical purposes.

With sugar and sweeteners. For the dietary management in case/risk of malnutrition, esp. with impaired glucose metabolism. Nutritionally complete, high energy (1,5 kcal/mL), high protein oral nutritional supplement with fibre. With slow-release carbohydrates for improved glycaemic control. High in MUFA, with fish oil, clinically free from lactose, gluten free, low in sodium.

### Dosage:

2 - 3 bottles/day for supplementary nutrition or 5 bottles/day for complete nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use. Packaged in a protective atmosphere.

### Additional considerations:

Not suitable whenever enteral nutrition is prohibited such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Diben DRINK.

## Ingredients

**Ingredients (Flavour Forest Berries):** Water, milk protein, modified starch, maltodextrin, vegetable oils (rapeseed oil, sunflower oil), fructose, medium chain triglycerides (MCT), flavourings, potassium citrate, fish oil, emulsifiers (E 471, soya lecithins), beetroot powder, sodium chloride, choline hydrogen tartrate, acidity regulator (E 524), vit. C, sweeteners (sodium cyclamate, saccharin sodium), magnesium oxide, iron pyrophosphate, zinc sulphate, vit. E, niacin, pantothenic acid, manganese chloride, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>1</sub>, vit. B<sub>6</sub>, sodium fluoride, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>.

## Flavour

Forest Berries

Reference: 1) Chiavaroli L, Lee D, Ahmed A, et al. Effect of low glycaemic index or load dietary patterns on glycaemic control and cardiometabolic risk factors in diabetes: systematic review and meta-analysis of randomised controlled trials. *BMJ*. 2021 Aug 4;374:n1651. 2) Sivri D, Akdevelioğlu Y. Effect of Fatty Acids on Glucose Metabolism and Type 2 Diabetes. *Nutr Rev*. 2025 May 1;83(5):897-907.



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